



Social Media Guide

Tag your local CAIR-CA Office

Let's go viral on Facebook, Instagram, Threads, TikTok, and X!

Facebook, Instagram, TikTok

Post your:

- Group photos after a legislative meeting
- Favorite selfies
- Montage of walking around the Capitol & to your meetings

Sample post:

- "Did you know I attended Muslim Day at the Capitol? I was able to advocate for [legislative priority] with over 500 Muslims across California!"
- "Spend the day with me at the 15th Annual Muslim Day at the Capitol!"
- "Did you know about [legislative priority]? I went to Muslim Day at the Capitol, and this is what I learned"



Threads, X

Sample post:

- "Thank you [tag a representative] for meeting with us to talk about [bill #]. We appreciate your support for [a specific aspect: student protection, privacy regulation, Muslim immigrants, etc]"
- "It's my first time at the Capitol, and it is incredible! Thank you [tag your CAIR-CA Office] for giving me the opportunity to talk about [bill #]. Thank you [tag a representative] for being in favor of this bill."
- "We're making our voice heard! I'm proud to bring my community's needs to the Capitol"



Be sure to tag your local CAIR-CA Office & the officials you meet, and use
#MDAC2026 #AB2159, #AB2017, #SB1095, #MakeEidaHoliday,
#ProtectStudents, #ProtectMyPrivacy